WHOLENESS IS AT THE HEART OF WHAT WE DO

join us.
I love our mission statement – for a number of reasons – one is that every word is intentional. While we often speak about wholeness at Oaklawn, it’s easiest to apply it to the individual or the family. This is where so much of our work is done – in therapy, case management and psychiatric services. But an equal part of our mission is to join our community on the journey toward wholeness.

What would a whole community look like? I picture a community where every child has a hopeful future, where people can easily get help when they seek it, where basic needs like food and shelter are met and more people live longer, healthier lives. This is the future we’re working toward. I hope you’ll join us.

Laurie Nafziger, President/CEO
Thank you!
Your financial support makes all this possible.

28,800 clients served

17,353 transportation rides provided in Elkhart & St. Joseph counties

327,126 hours spent with clients

900 employees

$33,227,057 in employee wages

54 years of service to our local communities

Thank you!
By its dictionary definition, wholeness is a state of completeness, of being undivided or unbroken. At Oaklawn, our ultimate goal is to help restore wholeness — to individuals, families and our community. Here’s five ways we’re working to do just that:

**WHOLENESS THROUGH:**

**ACCESS TO SERVICES**
Access to help when you’re ready to receive it is a vital step. Currently, our Access Center is scheduling 650 new client appointments every month, and the demand keeps growing. But there are things we can do to improve access.

Meet Lisa and Rachel. They began as nurses at Oaklawn, and each received scholarships to pursue Advanced Practice Nursing degrees. Now they can see patients and write prescriptions much like psychiatrists, and each one is able to accommodate hundreds of clients.

Oaklawn is improving access through:
- growing our own
- prioritizing recruitment/retention and
- exploring leading-edge access models.

We want to ensure everyone gets the help they need when they need it.

**BASIC NEEDS**
Focusing on your mental health or addiction can be a challenge if you don’t have basic needs like food and shelter. Currently, Oaklawn houses about 300 people with a serious mental illness, many who were formerly homeless. We constantly seek more solutions for housing because we know a safe place to live makes all the difference.

Joanne is a perfect example. Sexually abused by her stepdad for years, Joanne was diagnosed with Post-Traumatic Stress Disorder as an adult. After her divorce from an abusive husband, she lost her home. She and her teenage daughter spent months sleeping on friends’ couches. During that time, Joanne couldn’t focus on anything except the stress of homelessness.

Housing through Oaklawn freed Joanne to work on her recovery.

**INTEGRATED CARE**
Just like focusing on your mental health can be a challenge without basic needs, focusing on your physical health can be a challenge if you have a mental illness.

The difference is due primarily to poor physical health. Integrated care — where physical and behavioral health teams work together, even side-by-side — can change this statistic.

Oaklawn is integrating care through:
- PCPs on-site
- therapists embedded at health clinics and
- therapists on-call in local emergency rooms.

Life expectancy of an average adult
75

Life expectancy of a seriously mentally ill adult
50

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**INNOVATION**
Treatment is a team effort. At Oaklawn, we want to surround our clients with the people who can best help them achieve success.

One way we’re doing this is by hiring Certified Recovery Specialists, people who are themselves in recovery and specially trained to help others. These specialists bring a valuable perspective to our organization because:
- they have “lived” experience
- they help shape client-centered policies and procedures and
- they provide unique inspiration and hope for clients.

This is one of many innovative ways Oaklawn is working to help our community reach wholeness. There will always be new and better ways of doing things, and because we truly desire wholeness, we embrace them.

Learn more about these programs at www.oaklawn.org/community
ABOUT US

Oaklawn is the state-designated community mental health centers in Elkhart and St. Joseph counties. We offer a broad range of mental health and addiction services for all ages at four campuses. We specialize in providing intensive services for complex problems.

Our campuses

Goshen campus
330 Lakeview Drive
Goshen, IN 46528
574-533-1234

Elkhart campus
2600 Oakland Avenue
Elkhart, IN 46517
574-533-1234

Oaklawn, The Children’s Campus
1411 Lincolnway West
Mishawaka, IN 46544
574-259-5666

South Bend campus
415 East Madison Street
South Bend, IN 46617
574-283-1234
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Laurie Nafziger,
President/CEO

Oaklawn’s mission:
With uncommon expertise in mental health and addiction services, Oaklawn joins with individuals, families and our community on the journey toward health and wholeness.