



Mental Illness
Awareness
Week 2019.

Join Us.

Luncheon with Ross Szabo

Tuesday, October 1
Fundraising luncheon
Palais Royale
105 W. Colfax Ave., South Bend
Noon-1:30 p.m.



Ross Szabo was only 11 years old when he visited his oldest brother in the psychiatric ward of the University of Pennsylvania Hospital.

At age 16, he received his own diagnosis: bipolar disorder with anger control problems and psychotic features. In his senior year of high school, he was hospitalized for attempting to take his own life and later that year he had to take a leave of absence from American University due to a relapse with bipolar disorder.

He returned to American four years later and graduated with a B.A. in psychology. He started speaking about his story with bipolar disorder to help others when he was just 17.

Ross served in the U.S. Peace Corps in Botswana from 2010 to 2012. When he got home from the Peace Corps he saw that there were gaps preventing people from getting the vital mental health messages they needed, so he started a company to address those needs. His work in the youth mental health field has earned him the Didi Hirsch Removing the Stigma Leadership Award and his advocacy work was entered into the Congressional Record by Congressman Patrick Kennedy.

He is the author of “Behind Happy Faces: Taking Charge of Your Mental Health” and travels the world sharing his story of hope and recovery.

“

*Addiction has been a lifelong struggle.
My therapist has provided me with ways to feel
confident and secure in my sobriety without
being complacent. Thank you, Oaklawn, for
assisting me in getting control and my life back.*

”

Count me in

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Host - \$1,000, 6 guests

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*Please return this form by **September 23, 2019**. Please make checks payable to the Oaklawn Foundation for Mental Health, 415 E. Madison St., Bldg. 200, South Bend, IN 46617. If you have questions or need more information, contact Laurie Nafziger at 574-533-1234, ext. 2281, or laurie.nafziger@oaklawn.org.*

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